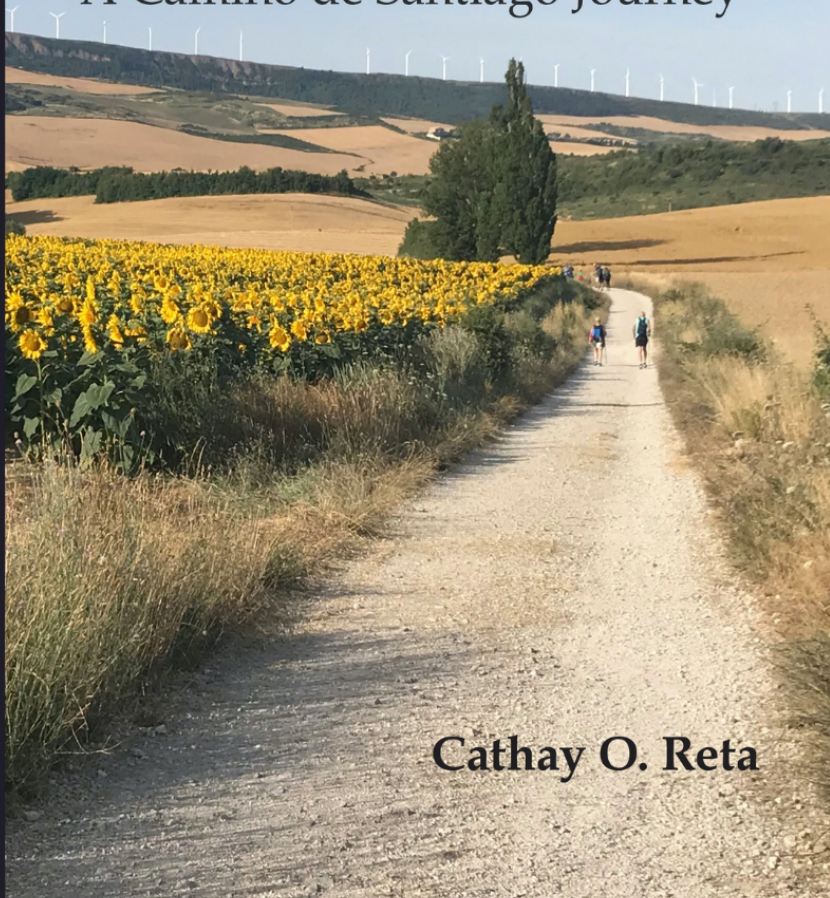


FOR YOUR NEXT BOOK CLUB...

Keep Walking, Your Heart Will Catch Up A Camino de Santiago Journey



Cathay O. Reta

Keep Walking...Your Heart Will Catch Up is the inspiring tale of a modern-day pilgrimage of self discovery, transformation and renewal. Newly widowed, Cathay Reta was in her mid-60s and looking for direction for her life when she decided to hike Spain's magical, mystical Camino de Santiago (Way of St. James), the centuries old 483-mile trail across Spain.

Book Club Program includes:

- welcome video message from Cathay
- book club discussion guide
- virtual guest appearance with Q&A session



Cathay Reta

*Author &
Speaker*

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